Front & Center: October 1971

Boston University Medical Center

http://hdl.handle.net/2144/21306

Boston University
550 FOR LUNCH - AND MAKE IT SNAPPY!

It's 4:30 a.m., too early even to yawn.

But University Hospital (UH) cooks are already making their way down the still quiet corridors of the hospital to the basement of Evans one. Entering the kitchen, the stillness gives way to a stir of activity.

Many of the Dietary Department's 90 employees, including nine dieticians, are already preparing food for breakfast which is served at UH from 6:30 to 8:30 a.m. Breakfast is the first of a series of meals prepared daily until 7 p.m. at UH for some 1,500 hungry, often hurried, employees, guests as well as patients.

In addition, the Extended Care Unit serves patients breakfast from 7:30 to 8:30 a.m., and prepares lunch and dinner for both employees, visitors and patients from noon to 1:15 p.m. and from 5:30 to 6:15 p.m., respectively.

Under the direction of Judith Williams, the Dietary Department works seven-days-a-week, in cramped quarters, preparing nutritious meals, shuttling them from the basement to the cafeteria on Evans 9, and to patient floors, and developing better methods for quicker service.

The job is demanding and the service keeps improving.

All food prices are now uniform in the Evans cafeteria and in the ECU dining room. Also, in late September, a second line was initiated at lunch time on Evans 9 for "quickie" salad and sandwich lunches. "This second line already has speeded up service and accommodates almost 125 more people at lunch time each day than was previously served," said Miss Williams.

Patient feeding is also a core concern for the department which serves

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YOU HAVE A DATE IN DECEMBER!

When the curtain rises in December, premiering the new musical "White Pagoda-Crimson Cloud," University Hospital's (UH) cancer care unit will benefit.

The theatrical extravaganza will be staged at McElroy Commons at Boston College on December 16, 17 and 18 and proceeds will help finance UH's 29-bed, $800,000 cancer unit.

"White Pagoda-Crimson Cloud," written by Werner Heider, is being produced and directed by Dr. Alfred Handler of the BUSM Pathology Department, and promises an evening of dazzling drama and memorable music.

Tickets, available by calling Dr. Richard Elkort at Ext. 5506, will be $2 for the first "pops style" evening. The last two performances, which will go gala with dinner and champagne before the show, and dancing afterwards, will be $15. All tickets are tax deductible.

The planned cancer care unit is designed to bring recent advances in diagnosis and therapy to the bedside of every cancer patient, regardless of where he is hospitalized.

To do this, UH is creating a prototype cancer ward which could serve as a model for similar units in local and community hospitals. This has already been accomplished with coronary care units.

The unit would permit the organization and coordination of personnel and services presently scattered throughout UH, and make possible the increase use of newer techniques in cancer management which require close monitoring of patients and special facilities.

SPOTLIGHT: Pat Russell

Operative and medical procedures, and discharge summaries, are of crucial importance to a patient's medical record.

Patricia Russell, a transcriber in the Medical Records Department at University Hospital is well aware of this and is especially careful in transcribing, and amazingly accurate. She knows that her fingertips convey to paper the information that will serve as a life-long record for patients and background material for physicians and surgeons.

Blind since birth, Pat knows the value of touch and has trained her fingertips to expertise status.

Independent, with a no-nonsense approach to her job, Pat graduated from Perkins School for the Blind in Watertown, and has taken courses in psychology and music at BU. She has a deep appreciation for music and plays both the organ and piano.

Before joining BU Medical Center, Pat worked as a transcriber in the Medical Records Department at Mt. Auburn Hospital. She was trained on the job there and diligently studied the complicated medical terminology that must be home ground to any transcriber. After leaving Mt. Auburn, Pat worked at St. Elizabeth's Hospital, in the same position, for three years.

The work is important; it is done quickly and well in a forthright manner - the approach Pat likes best.
THE HIEBERT LOUNGE at BUSM will be transformed into an art gallery on Wednesday, October 6, from noon to 8 p.m. The school is sponsoring an exhibition and sale of original graphic art by contemporary and old masters such as Dali, Picasso and Goya. Prices start at $5, with the majority under $100. It is being arranged by the FERDINAND ROTEN GALLERIES of Baltimore and all BUMC employees are welcome to attend.

THE VOLUNTEER SERVICE, headed by Mrs. Estelle Davidoff, has inaugurated a new program of visiting all elderly and out-of-town patients at UH. For this, as well as other volunteer services, recruits are needed. If you wish to join the Volunteer Service, or know a friend who would be interested, call Mrs. Davidoff at Ext. 5554.

DR. HERBERT H. WOTZ, professor of biochemistry at BUSM, recently established a gas chromatographic laboratory to research endocrine problems at the University of Sao Paulo in Brazil where he was a visiting professor. The facility is the first of its kind in that country.

BUMC employees, students, and their families, are eligible to participate in a new consumer service-MASS. BUYING POWER. You can purchase almost any item or service and save! The more specific you are about the item you want, the more helpful Mass. Buying Power can be in obtaining the lowest price for you at the nearest participating dealer. There are no membership dues, service charges or other obligations. And you can shop by comparison! For further information call Mass. Buying Power, 1616 Soldiers Field Rd., Brighton, at 782-7131.

STOUFFER FOODS CORPORATION will no longer cash checks for BUMC employees. THE HARBOUR NATIONAL BANK at the corner of E. Newton St. and Harrison Avenue will honor BU identification cards and cash checks for employees at no charge.

The UH EMPLOYEE HEALTH CLINIC and the BUMC STUDENT HEALTH SERVICE have moved from Evans 2 to the Extended Care Unit, third floor. Persons requiring services should report to the nursing station, ECU, 3.

DR. HERBERT SCHILDER, chairman, department of endodontics, SGD, recently returned from a two-day lecture course which he delivered to the Second District of the Tennessee State Dental Association in Knoxville. His topic was "Endodontic - Periodontal Interrelations."

Recently retired are: MARY EATINGER, a medical social worker at UH, after 24 years of service. A retirement party was given in her honor at Pier 4. MRS. ELIZABETH REDDY, administrative assistant to Dr. Richard Egdahl, retired after 10 years of service in the Department of Surgery. A reception was held for her on Evans 9.

Homecoming for the NURSES' ALUMNAE ASSOCIATION will be held on Saturday, November 7th, from 10:00 a.m. to 4 p.m. at University Hospital. Guest speaker will be DR. ROBERT G. FELDMAN, Chairman, Department of Neurology, BUMC. For tickets contact MRS. MARY JANE KEMPER, 9 Tower Rd., Lexington.

The Boston University Medical Center was recently confronted with a problem. Development officer Milt Kosen received a contribution from Mr. and Mrs. Harold Fairbanks in memory of the husband of their friend Mrs. Rose Colarusso of Boston.

The gift was directed to the Framingham Heart Study which the BUMC administers. The only hitch was that Mrs. Colarusso is blind and an ordinary letter of acknowledgment wouldn't work.

Kosen looked for help and it came from the Protestant Guild for the Blind. One of its students in the Learning Center for the Visually Handicapped typed the letter in braille. It was forwarded to Mrs. Colarusso.
DR. ROHRBAUGH ASSUMES ADDITIONAL POST

Boston University President, John R. Silber, has created an Executive Office to provide a framework in which effective and informed leadership of the University can be extended.

On recommendation of the President, the Board of Trustees has appointed Dr. Lewis H. Rohrbaugh, Vice President for Medical Affairs of Boston University and Director of Boston University Medical Center, and Professor Sigmund Koch, University Professor and Professor of Psychology and Philosophy at Boston University, to be Academic Vice Presidents.

Dr. Rohrbaugh's primary concern as Academic Vice President will be the development of a coherent educational program coordinating all programs relating to health education and delivery services. Dr. Rohrbaugh will be concerned directly, though not exclusively, with BUMC, of which he continues as Director, the School of Nursing, the Sargent College of Allied Health Professions and the School of Social Work.

Several candidates are under consideration for the third Academic Vice Presidency.

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three meals and three snacks a day to some 330 inpatients at UH and the ECU.

Food is sent up from the main kitchens in UH and the ECU to serving kitchens on each patient floor. There it is warmed, placed on trays and served. For patients who are on restricted diets, such as diabetics, there are four therapeutic dieticians who work closely with doctors and nurses developing individual menus which are nutritious and medically safe. These meals are prepared in a special diet kitchen on Evans one. The therapeutic dieticians also instruct patients how to make meals that are prepared with limited ingredients.

It all doesn't end with cooking and serving, however, for the department has the Herculean task of ordering all groceries used at UH and the ECU and balancing the budget. The daily shopping list? 60 loaves of bread, 60 dozen eggs, 350 pounds of meat...